



*Sound advice about your hearing*

## Evaluation of Vestibular (Balance) Disorders

**HEARING TEST:** Because both hearing and balance end organs are located in your inner ear, it is important to evaluate your hearing. If you have a hearing loss, your hearing may be monitored periodically. Allow 15-20 minutes for the procedure.

**VNG:** Videonystagmography or VNG is a more comprehensive vestibular (balance) assessment, evaluating an individual's central and peripheral functions. Special goggles are placed over the eyes for recording purposes using an infrared light. The VNG consists of three general components listed below. Allow 90 minutes for the procedure.

1. Visual tasks: The patient is instructed to watch a red light as it moves in various manners throughout the patient's visual field.
2. Positional tasks: The patient is instructed to lie on a table in several head and body positions to determine if certain positions cause dizziness.
3. Caloric testing: Warm and cool water (or air) are introduced into each ear canal for 30 seconds. Eye movement (nystagmus) generated by the changes in inner ear temperature is then measured. The patient may feel lightheaded or slightly dizzy for a few minutes following each irrigation.

**CRP:** During the VNG the patient may experience vertigo when the head is tilted back on the table. The response is called benign paroxysmal positional vertigo or BPPV. The Canalith Repositioning Procedure or CRP is a procedure used to attempt to correct BPPV. The head is moved into four positions in order to reposition particles which may be floating freely in one of the balance canals in the inner ear. The patient may be seen one week later to repeat the CRP. Allow 10 minutes for the procedure.

**WHAT HAPPENS AFTER MY DIZZINESS HAS BEEN EVALUATED?** Following the tests, results will be forwarded to your physician who will determine appropriate follow-up.

**BALANCE QUESTIONNAIRE:**

Name: \_\_\_\_\_

1. Did you receive a list of restrictions prior to today's evaluation? \_\_\_\_\_

2. Did you take any medications in the past 48 hours? \_\_\_\_\_

If yes, please list medications: \_\_\_\_\_

3. Have you ever seen an Ear-Nose-Throat physician? \_\_\_\_\_

4. Have you ever had ear surgery? \_\_\_\_\_, If so, explain: \_\_\_\_\_

5. What type of dizziness or balance problem are you experiencing? \_\_\_\_\_

6. When did the dizziness/balance problem begin? \_\_\_\_\_

7. Was the onset of the problem gradual or sudden? \_\_\_\_\_

8. Is your dizziness/balance problem constant or in attacks? \_\_\_\_\_

If in attacks, how often do they occur and how long do they last? \_\_\_\_\_

9. Do you ever feel that you or your surroundings are spinning or turning? \_\_\_\_\_

10. Do certain head/body movements or certain positions provoke your dizziness/balance problem? \_\_\_\_\_ If so, describe: \_\_\_\_\_

11. Do you have a tendency to fall in any particular direction? \_\_\_\_\_

Circle all that apply: Right Left Forward Backward

12. Do you use any type of tobacco product? \_\_\_\_\_ If yes, how often? \_\_\_\_\_

13. Do you drink alcohol? \_\_\_\_\_ If yes, how often? \_\_\_\_\_

14. Were you exposed to any fumes, paint, or chemicals at the onset of the balance problems? \_\_\_\_\_ If yes, explain: \_\_\_\_\_

15. Have you ever had a head injury? \_\_\_\_\_ If yes, explain: \_\_\_\_\_

16. Have you previously had testing for dizziness? \_\_\_\_\_

17. Have you ever had an MRI or CT Scan of your head? \_\_\_\_\_

18. Have you ever had back or neck injury/surgery? \_\_\_\_\_

19. Do you have any eye problems such as double vision or cataracts? \_\_\_\_\_

20. Have you received new eyeglasses or contacts recently? \_\_\_\_\_

21. Do you ever experience numbness of the face, arms, or legs? \_\_\_\_\_

22. Do you ever experience difficulty with swallowing or speaking? \_\_\_\_\_

23. Have you ever had a hearing test? \_\_\_\_\_ If yes, when? \_\_\_\_\_

24. Do you have any of the following symptoms?

Yes No Difficulty hearing? Right Left Both Onset? \_\_\_\_\_

Yes No Noise in the ears? Right Left Both Describe: \_\_\_\_\_

Yes No Fullness or stuffiness in the ears? Right Left Both

Yes No Drainage from the ears? Right Left Both

Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*Authorization for Care:* I grant permission to the employees of Hendrick Balance Center to render care to me and to carry out the orders of my attending physician, including consultants, associates and assistants of associates.

*Financial Responsibility:* I understand that I am responsible for the total charges for services rendered and I agree that all amounts are due and payable to Hendrick Hearing HealthCare upon receipt of services.

*Authorization to Release Information:* I authorize Hendrick Balance Center to release any medical or other information requested by representatives of local, state, or federal agencies; insurance companies; review agencies; or other organization or entities as may be required for payment of claims which are due Hendrick Balance Center as a result of this visit.

Name: \_\_\_\_\_ Date: \_\_\_\_\_



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**ACKNOWLEDGMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES  
EFFECTIVE JANUARY 1, 2008**

Your name and signature on this form indicate that you have received or have inspected a copy of Hendrick's Notice of Privacy Practices, effective April 14, 2003 on the date indicated below.

If you have any questions regarding the information set forth in this Notice of Privacy Practices, please do not hesitate to contact the Privacy Office at 325-670-7763.

I hereby give my permission to Hendrick Hearing Healthcare to discuss my healthcare with the following person (s): \_\_\_\_\_.

Printed name of Patient	Signature of Patient	Date
_____	_____	_____

Signature of Patient Representative	Relationship to Patient	Reason Patient Unable to sign
_____	_____	_____



**HENDRICK**  
**HEARING HEALTHCARE**

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Today's Date: \_\_\_\_\_

Patient's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Mailing address: \_\_\_\_\_ Apt# \_\_\_\_\_ Spouse: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ zip: \_\_\_\_\_

Home Phone( ) \_\_\_\_\_ Cell( ) \_\_\_\_\_ SSN#: \_\_\_\_\_

Employer: \_\_\_\_\_ Business Phone( ) \_\_\_\_\_

Business Address: \_\_\_\_\_

REFERRED BY: Phone Book Friend Newspaper Physician Other (Please circle one)

**Insurance Information- please provide insurance cards**

Primary Insurance Company Name: \_\_\_\_\_

Policy Holder's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Policy Holder's Employer: \_\_\_\_\_ Phone#: \_\_\_\_\_

Policy# \_\_\_\_\_ Group# \_\_\_\_\_ SSN# \_\_\_\_\_

**Next of Kin not living with Patient**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_ Telephone: \_\_\_\_\_

Referring Doctor's Name: \_\_\_\_\_ Phone# \_\_\_\_\_

Are you a First Choice Member? \_\_\_\_\_

**I understand that my Insurance will be filed as a courtesy to me and that I will be responsible for any deductible and/or co pays.**

Patient signature \_\_\_\_\_ Date: \_\_\_\_\_